

INSECURITIES

The following is a list of statements an insecure person should meditate on daily to combat his/her insecure feelings or thoughts:

1. I am an okay person, regardless of my accomplishments.
2. I do not have to run away from a less-than-perfect me.
3. I am a person who has the power of the Holy Spirit within me to transform, renew, restore, and help me.
3. God hears me and knows me. I am important to Him.
4. I am worth being loved.
5. I have every right to expect myself to continue on successfully (with the Lord) in spite of my past failures, mistakes, and inadequacies.
6. I will take off my masks because I do not need to protect myself against anything. I am completely protected and safe in the power and wisdom of God.
7. I am secure in who I am. (my new creature.)

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