

DISCOVER

for Colleges and Adults

A computer-based career planning and information system that supports mature decision making

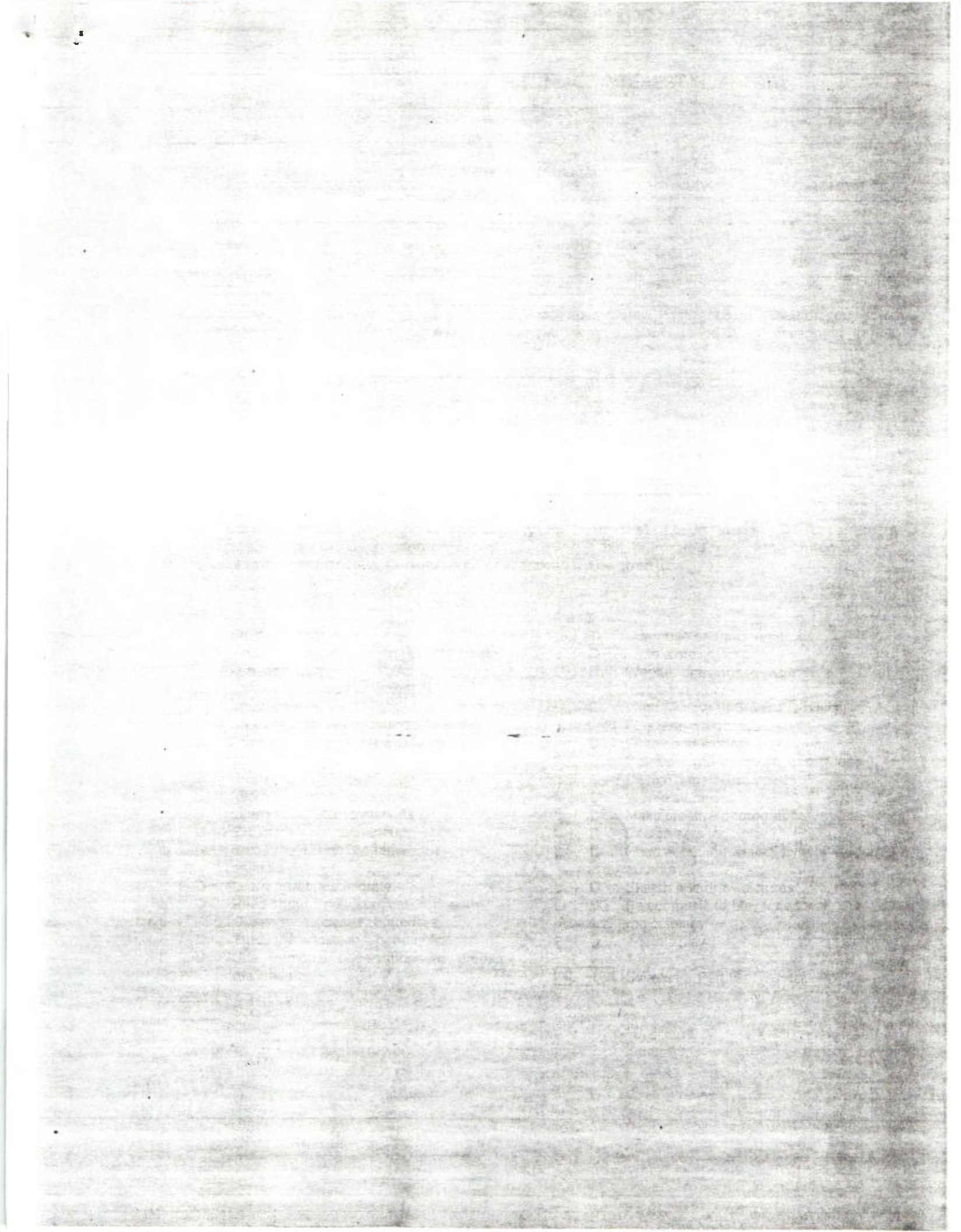
	1. BEGINNING THE CAREER JOURNEY
	2. LEARNING ABOUT THE WORLD OF WORK
	3. LEARNING ABOUT YOURSELF
	4. FINDING OCCUPATIONS
	5. LEARNING ABOUT OCCUPATIONS
	6. MAKING EDUCATIONAL CHOICES
	7. PLANNING NEXT STEPS
	8. PLANNING YOUR CAREER
	9. MAKING TRANSITIONS

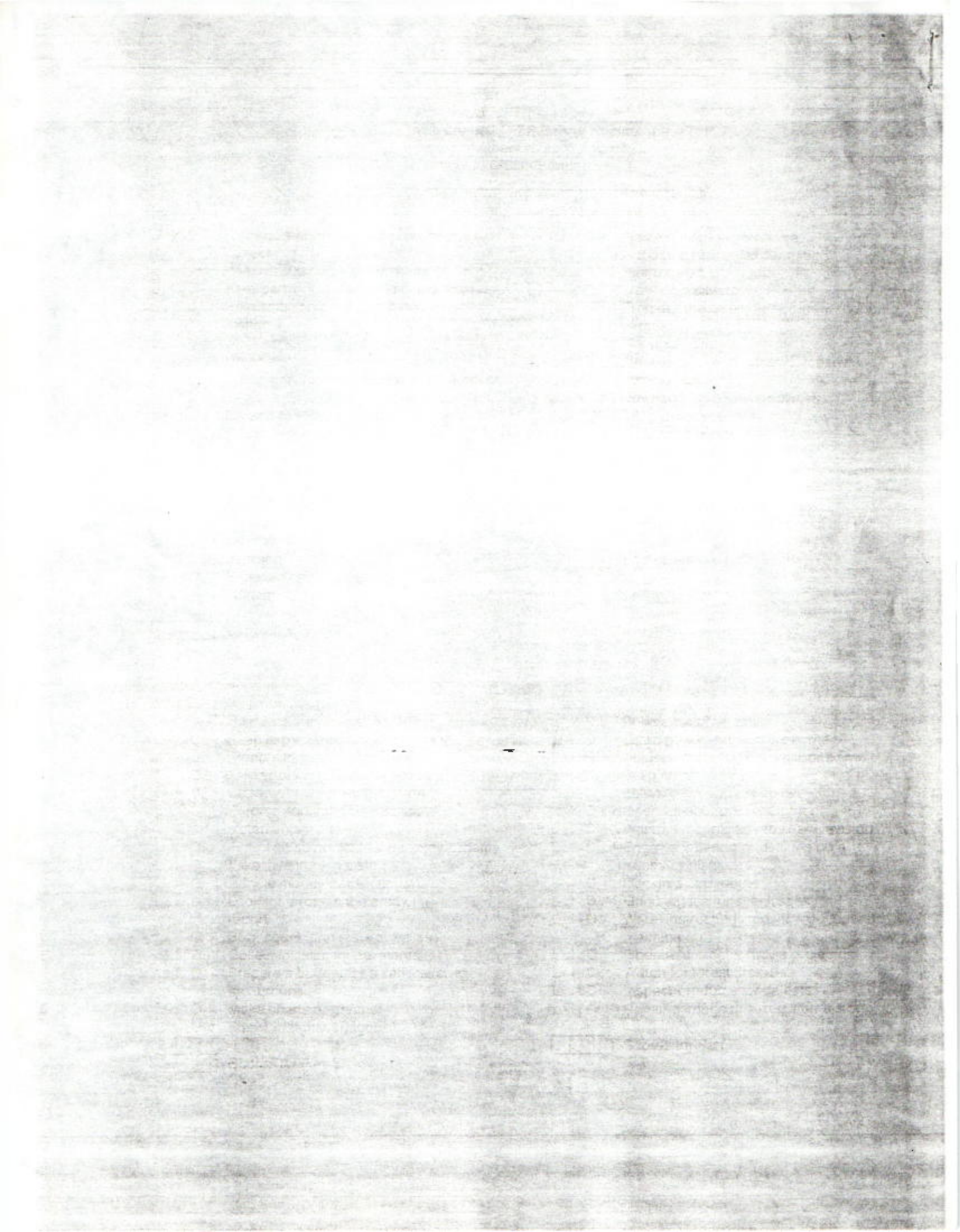
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Content of DISCOVER

The "Guidance and Information" Approach

Each module has been designed to stand alone as a unique piece. You can, however, receive a more integrated picture of yourself, occupations, programs of study, and schools that fit you best if you use all modules of DISCOVER.

At sign-on to this approach, you answer some questions about yourself. This information is used to create a "user record", a place in the computer's storage that saves your information. When you come back, DISCOVER will "remember" what you did at previous uses. The modules from which you can choose are described below.

MODULE 1: BEGINNING THE CAREER JOURNEY

If you are just beginning to explore, or you want to find out where you are in the process of career planning, Module 1 is a good place to start. In this module you can complete the Career Journey Inventory to assess your personal level of career development at the computer. Based on this inventory, the system suggests modules for your use.

MODULE 2: LEARNING ABOUT THE WORLD OF WORK

This part of DISCOVER introduces you to the World-of-Work Map, an easy way to organize the approximately 13,000 occupations in the United States. Module 2 also allows you to explore occupations and/or programs of study based upon your choice of World-of-Work regions, families or clusters.

MODULE 3: LEARNING ABOUT YOURSELF

In this part of DISCOVER, you may learn more about yourself by completing inventories of interests, abilities, values or experiences at the computer. This activity gives you the information about yourself which you need in order to go on to Module 4.

MODULE 4: FINDING OCCUPATIONS

Once you have learned more about yourself, this module helps you find occupations which you should seriously explore. You choose one of five levels of education so that the list provided for you is realistic. You may also ask the computer why some occupations you thought were good ones do not show up on your list. In addition to getting a list of occupations related to your interests, abilities, values and/or experiences, you may also search for occupations by specific job characteristics.

MODULE 5: LEARNING ABOUT OCCUPATIONS

This module provides detailed information about more than 450 occupations, including those on your personal list. If you do not have a list from Module 4, you may enter numbers of occupations (see counselor). For each occupation you research, you may select up to 15 topics for further information, including work tasks, ways to get training, salary range, employment outlook, and where to get more information. You may also narrow your list of occupations to a manageable number. You leave this module with ten or fewer top-priority occupations.

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MODULE 1: BEGINNING THE CAREER JOURNEY

If you are just beginning to explore, or you want to find out where you are in the process of career planning, Module 1 is a good place to start. In this module you can explore the career history inventory, measure your personal level of career development at the computer, see an interactive, on-line system, and explore modules for your use.

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MODULE 6: MAKING EDUCATIONAL CHOICES

This module helps you move farther along in your career journey by helping you choose a path of training for your future occupation. It also displays majors or programs of study related to your top priority occupations.

MODULE 7: PLANNING NEXT STEPS

Once you have specific occupations in mind and have selected a path of training and a major, you are ready to plan your next steps. This module helps you:

- Find and get detailed information about two-year and four-year colleges, graduate schools and military programs
- Learn about job-seeking skills

You use the computer to combine many characteristics you want in a school, search a national data file, and come up with a list. You can then get extensive information about each school. You may use another part of this module to improve your job-seeking skills and organize your thinking about the kind of job you want. You can create a cover letter, resume, or complete a job application.

MODULE 8: PLANNING YOUR CAREER

You are aware that your life contains a varied and changing combination of roles. This module gives you a new definition of "career" that includes the roles you play each day. In planning your career, you are able to "draw" your present "Career Rainbow", think about your future and the roles you would like to play, and plan action steps toward your future career.

MODULE 9: MAKING TRANSITIONS

This module helps you understand what a transition is, see your life and career as a series of transitions, determine the "temperature" of a transition, and learn how to weather a transition with a minimum amount of stress. To measure the "temperature" of a transition, you enter a personal one that you may be experiencing or anticipating, and you respond to 18 questions about it. If its "temperature" is high, you learn how to reduce the temperature of the transition and plan meaningful action steps.