

Here are some tips:

① As soon as you make up present yourself to the Lord as you survey the day's activities. Go over with Him what

you see you need that day in your life. Great correlation between what goes on that day + thy communication to God. He's involved in my whole day.

② We can learn to talk over every situation all day to Him. Yes, He already knows - but He wants us to talk it over with Him + begin to learn His perspective on everything. Every need, problem or situations - present Him to those unforeseen events. Pray without ceasing

③ Don't expect to start with a long period of time - rather have short + frequent periods of prayer. You'll work up to longer times as you grow in the Lord, but take times during the day - times you waste or think about yourself or being bumped out.

④ Pray with friends - talk but also pray with them. "Being ready in season + out of season" is what the Bible says. Prayer is the result of building personal relationships with One who and who you love in.

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Pray with friends

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