

# The Blessing

Most people are chained to ~~their homes~~, their past emotionally even after they've left physically

If they had a lack of approval from their parents they have trouble feeling accepted in the present

one reaction → Some people are driven to workaholicism as they search for the acceptance they never received at home - they never feel that they are measuring-up - even though they achieve greatly

another reaction others get mixed in withdrawal + apathy as they give up hope of ever truly being blessed - this can lead to chronic depression - even suicide

→ others try all sorts of extreme behavior

But the reason is that these people as children missed out on their parents' blessing at some level + this lack of acceptance set off a lifelong search.

"Leaving" home carries with it not only the idea of physical separation but also of emotional separation, as well. The terrible fact is that most people who have missed out on their parents' blessing have great emotional difficulty leaving home. It may have been years since they've seen their parents, but unmet needs for personal acceptance can keep a person emotionally chained to his or her parents, unable to genuinely "cleave" to another person in a lasting relationship

The process of

proactively emotionally troubled accepted

on the level of the acceptance

withdrawing from the relationship

extreme behavior

But the parents are often blamed for the lack of acceptance

physical abuse and neglect

great emotional difficulties leading

we need for personal acceptance

emotionally driven to the point of leaving the relationship

② What is the blessing? What are the elements of which it consists? How can I know whether I received it or whether my children or disciples are receiving it now

Five elements necessary:

The family blessing includes

- ① Meaningful touch
- ② A spoken message
- ③ Attaching 'High Value' to the one being blessed
- ④ Picturing a special future for the one being blessed
- ⑤ An active commitment to fulfill the blessing

### ① Meaningful touch

Your spouse + children need meaningful touch

e.g. Lisa - Rocked in arms wrapped around self  
mother abandoned her in orphanage

Need for touch does not go away in grade school

① The way to protect your child from immoral relationship later is to give him/her plenty of physical touching - meaningful - now.

② Old people need to be touched - they are so lonely

e.g. Type A divorced men need to hug their wives - would add years to their lives (p. 42)

e.g. Marilyn Monroe - foster families - only one woman patted her cheek in orange puff - "for that moment I felt loved by her"

Promiscuous men + women - often merely a way of satisfying yearning to be touched + held

Dr. Ross Campbell says (homo) men never had meaningful touch by father "I never knew of one sexually disoriented person who had a warm, affectionate + loving father"

... is the glossing? ... are ...  
... elements ... received it ...  
... five elements necessary:

- 1. Meaningful task
- 2. A specific message
- 3. Attaching 'High Value' to the ...
- 4. Portraying special features ...
- 5. An active commitment - fulfill the promise

1. Meaningful task  
... expense - children ... task

... task ... expense ... children ...

... task ... expense ... children ...

... task ... expense ... children ...

... task ... expense ... children ...

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... task ... expense ... children ...

... task ... expense ... children ...

... task ... expense ... children ...

③ Jesus did it with the little children, with the blind man and His disciples for children things become real when they are touched - + for old people touching is so important  
Q Why do we stop in between?

② Second element: spoken words

Words have incredible power to build us up or tear us down - this is particularly true in families a many can clearly remember words of praise their parents spoke years ago

b Others can remember neg. words - even what their parents were meant when they spoke them

Children need to hear spoken blessing + so do husbands + wives need to hear

words of love + acceptance regularly

James clearly called the tongue a forest fire on ship's rudder the bit in a horse's mouth

Words can shape a child's life + send him/her in a direction they don't want to go - destroys the

Don't put off accepting, loving, compliments

Reasons

a Our activity

b "it's not that big a deal" c "they know I love them"

Not true - silence communicates something far different from love + acceptance

- makes children workaholics or  
- extreme withdrawal

e.g. Workaholics - the only time approval was given was for some accomplishment - so the child grows up trying to gain approval by working hard - but work can never sustain a missing sense of acceptance

work on agree & agree & missing sense of acceptance

in a few cases accomplish - to do the thing given up  
but to give up by wanting but not

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but to give up by wanting but not

for different from from acceptance  
Not true - since communicate something

to put off accepting accepting  
in a situation they don't want to go

to shape a child's life and life  
to shape a child's life and life

to shape a child's life and life  
to shape a child's life and life

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