

Worksheet 8: Bible Verse Meditation

A powerful defense includes meditating on scripture. Here are some verses to get you started. Add some that you chose from Worksheet 4. Write out these verses using your favorite translation. Memorize them. Meditate on them. Some meditation questions are given as examples.

Meditating on scripture is also part of your offense, so add some verses about the blessings you have received in Christ.

Psalm 101:3 _____

Meditation Questions: How would it feel to be the kind of person who does not approve of any sexually explicit images or videos? Does the original context of this verse support the application that porn can fit into the category of a “worthless thing” that the author will not bother to look at? Is there a connection between looking approvingly at “vile” things and being like the faithless person?

Titus 1:6-9 _____

1 Corinthians 6:12-13 _____

Job 31:1 _____

Verse: _____

Verse: _____
